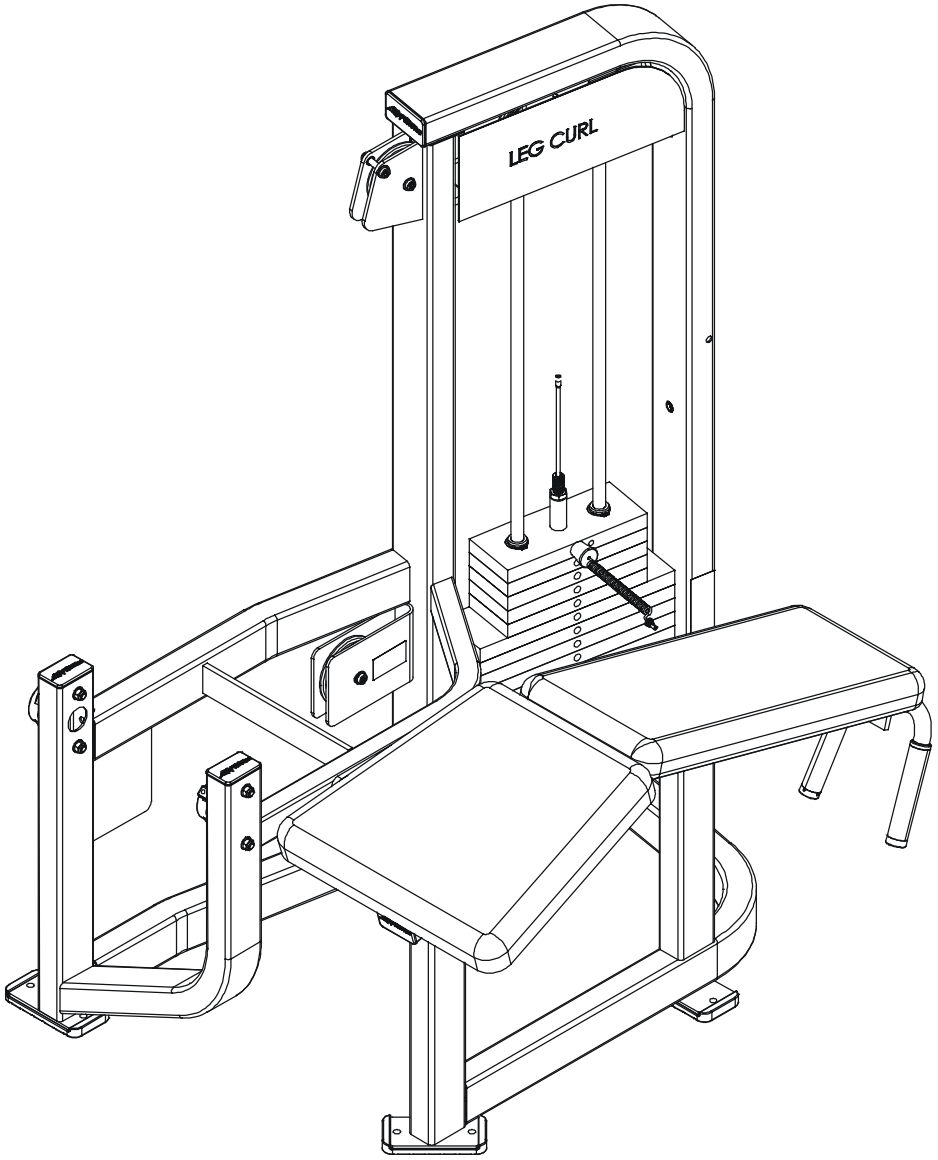
PRO SERIES II
PSLCSE LEG CURL



Customer Support Services
PARTS MANUAL

PSLCSE LEG CURL

Notes:

PSLCSE LEG CURL
Contents

PAGE

COMPONENT ASSEMBLY....4

SIDE FRAME ASSEMBLY....5

SIDE FRAME CALLOUTS....6

OPTIONAL MA ASSEMBLY....7 & 8

OPTIONAL CAM ASSEMBLY....9

FOUR-BAR SHIFTER....10

SEAT FRAME ASSEMBLY....11

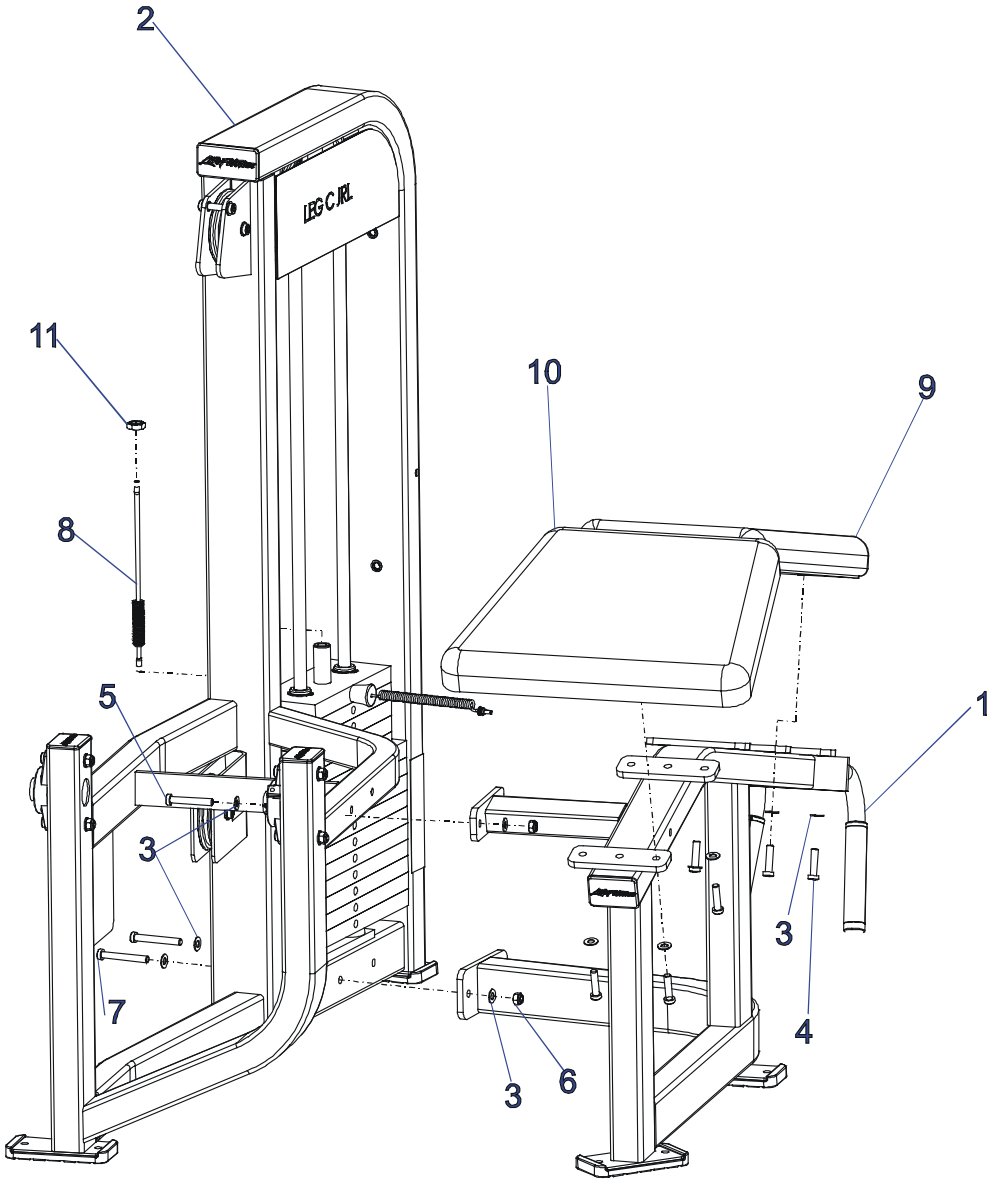
INCREMENT WEIGHT W/STRIKER....12

WEIGHT STACK 200LB....13

SHROUD KIT STD-SHORT....14

PSLCSE LEG CURL

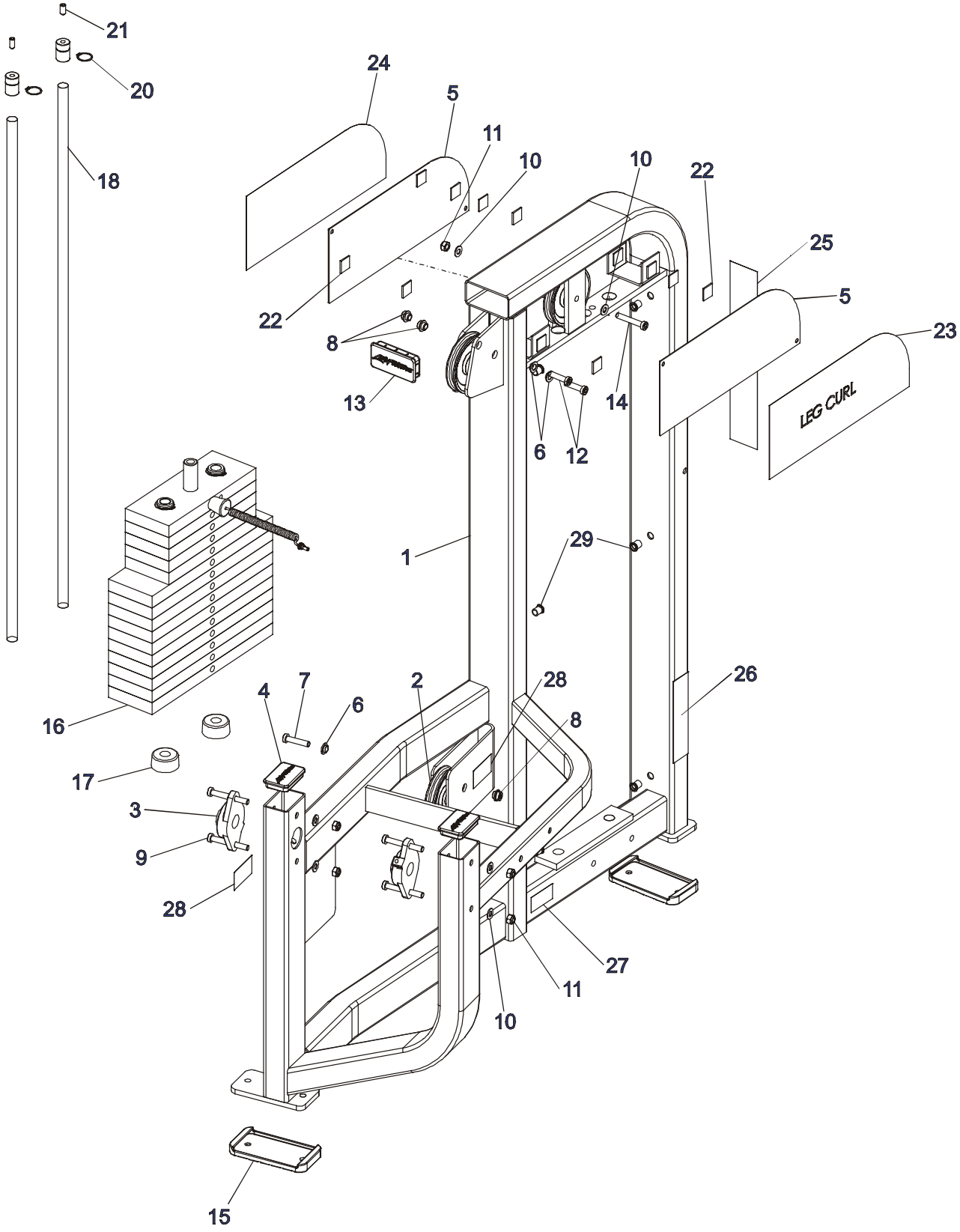
COMPONENT ASSEMBLY



ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	7394801	ASSY, PSLC-SEAT FRAME
2	1	7393501	ASSY, PSLC-SIDE FRAME
3	16	3236601	WASHER, 3/8 SAE SS
4	8	3236205	SCREW, M10 X1.5 40MM
5	2	3236210	SCREW, M10 X1.5 65MM
6	4	3236801	NUT, M10 HEX NYLOCK SS
7	2	3236212	SCREW, M10 X1.5 75MM
8	1	7423704	CABLE, PSLC
9	1	7398801	PAD, BACK 25 X 11-1/4
10	1	7399101	PAD, 17 X 18 1/2
11	1	3236902	NUT, M16 X 2 HEX JAM SS

PSLCSE LEG CURL

SIDE FRAME ASSEMBLY



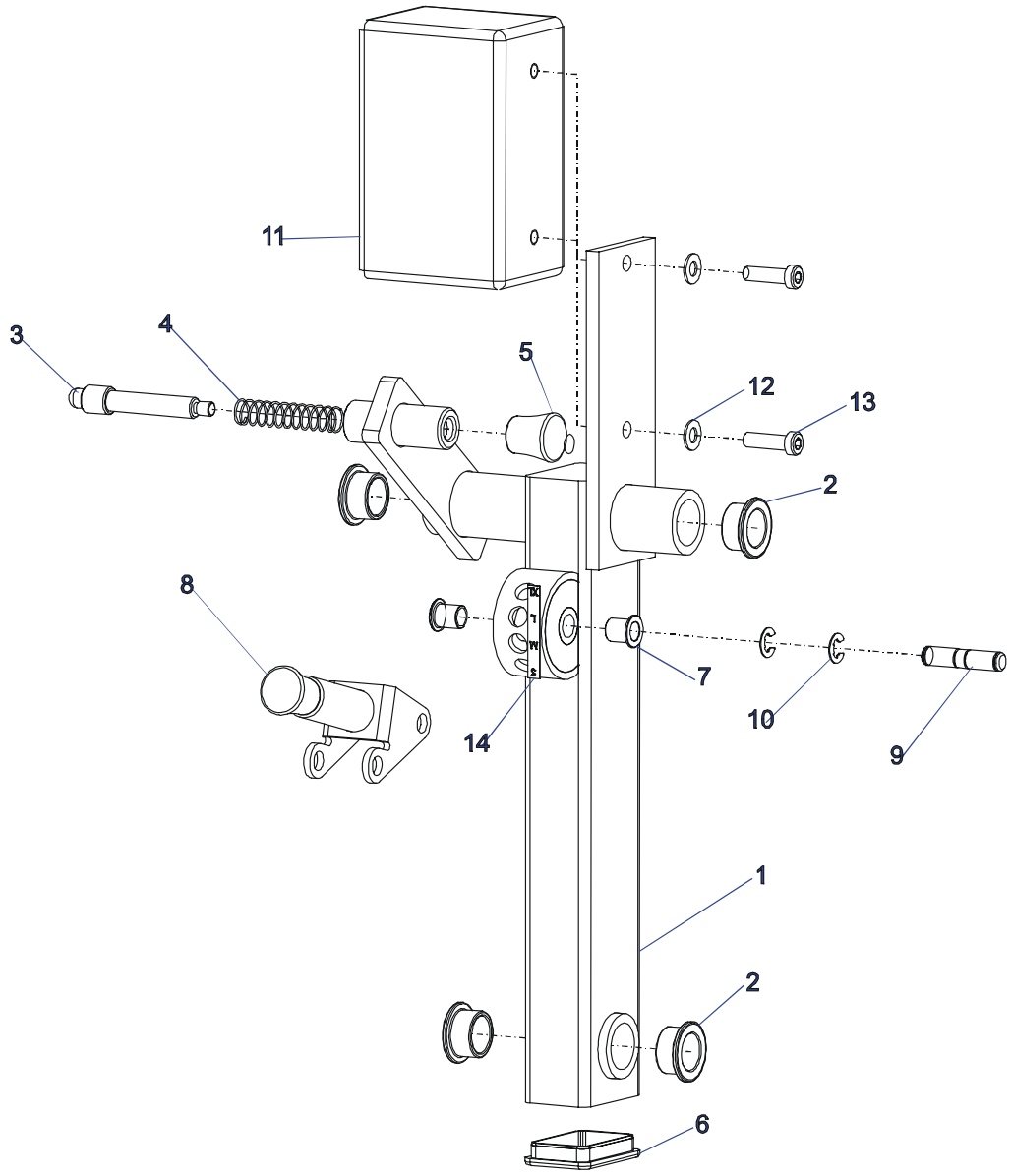
PSLCSE LEG CURL

SIDE FRAME ASSY CALLOUTS

ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	7393601	WLDMT, PSLC-SIDE FRAME
2	3	3237801	PULLEY, 4.5" OD
3	2	3237701	ASSY, PILLOW BLOCK 4.88 X 2.75
4	2	7352301	CAP, END 2 X 3
5	2	7353200	COVER, STACK
6	3	7348101	WASHER, SPACER
7	1	3236206	SCREW, M10 X1.5 45MM
8	3	7335401	NUT, M10 X 1.5 SOCKET HEAD
9	4	3236212	SCREW, M10 X1.5 75MM
10	6	3236601	WASHER, 3/8 SAE SS
11	5	3236801	NUT, M10 HEX NYLOCK SS
12	2	3236205	SCREW, M10 X1.5 40MM
13	1	7352401	CAP, END 2 X 4
14	1	3236209	SCREW, M10 X1.5 60MM
15	2	7388201	Footpad, PS Rubber
16	1	7353401	ASSY, 200LB STACK
17	2	7352101	CUSHION, WEIGHT STACK
18	2	7328604	GUIDE ROD, .75 OD SOLID 43.88
19	2	7402301	RETAINER, GUIDEROD
20	2	3232421	RING, BRE .940, 5100-100 ST PP B
21	2	3240501	M10 X 1.5 HXS NO CUP ST BO
22	12	7544201	PAD, DUAL LOC 400, 1" X 1"
23	1	7443701	LABEL, PSLC PLACARD
24	1	7491501	LABEL, PSLC LOGO PANEL
25	1	7348001	LABEL, LIFE FITNESS LOGO
26	1	7422004	LABEL, 2" ASTM WARN
27	1	7422007	LABEL, SERIAL NO
28	2	7422003	LABEL, MOVING PARTS
29	6	3238101	NUT, BLIND INSERT M10 X 1.5

PSLCSE LEG CURL

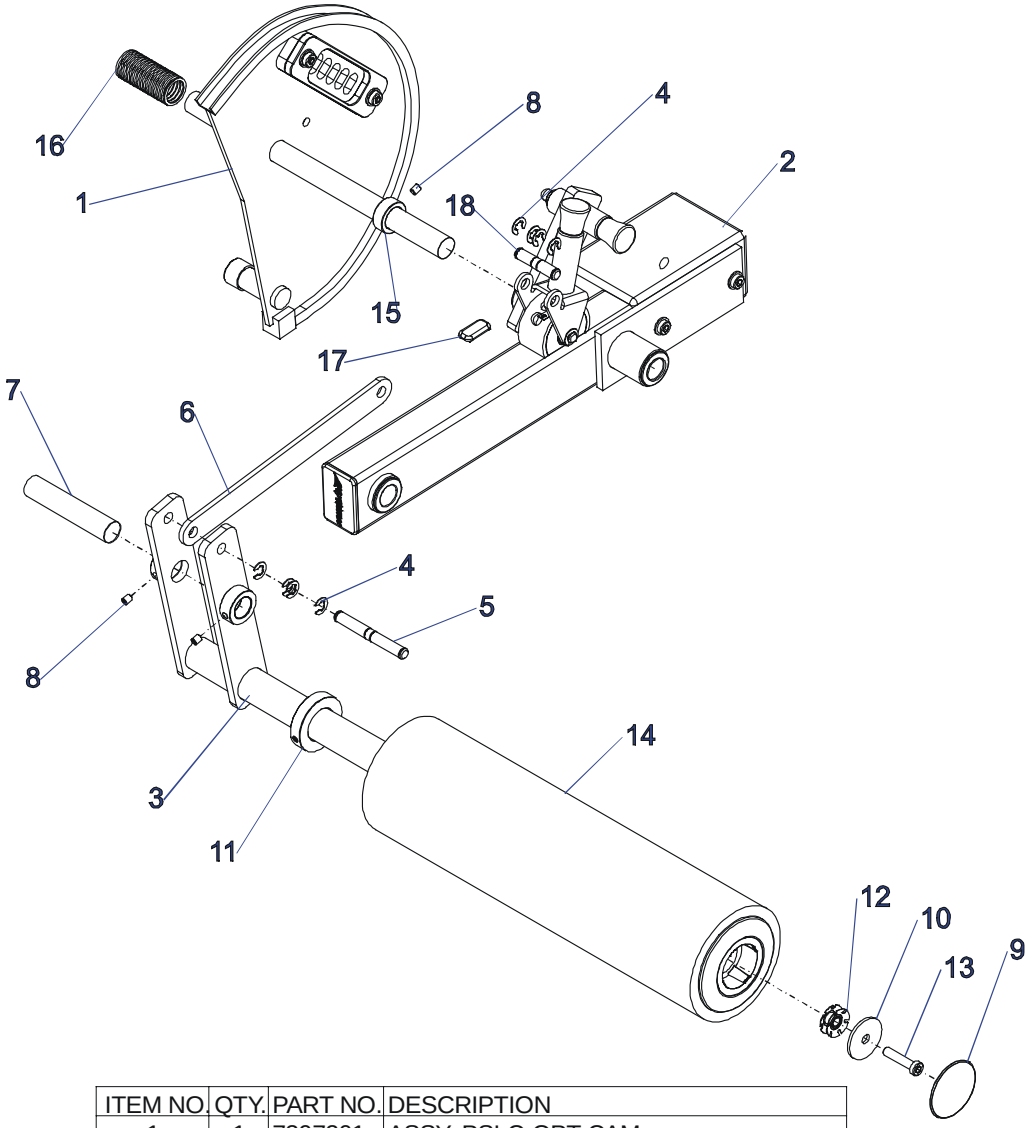
OPTIONAL MA ASSEMBLY



ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	7397501	WLDMT, PSLC-OPT MA
2	4	3104903	1.00" ID 1.25" OD BRONZ BUSHING
3	1	7351301	PIN, PULL
4	1	7351501	SPRING; PULL PIN LARGE
5	1	7351401	KNOB, TULIP STYLE
6	1	7352301	CAP, END 2 X 3
7	2	6020601	BEARING, FLG 1/2 ID X 5/8 OD
8	1	7379801	ASSY, PS - 4-BAR SHIFTER
9	1	7380201	PIN, PS - 4-BAR
10	2	3221705	E-RING, 3/8
11	1	7365901	WEIGHT, COUNTER MED
12	2	3236601	WASHER, 3/8 SAE SS
13	2	3236204	SCREW, M10 X1.5 35MM
14	1	7422005	LABEL, SMALL - XL

PSLCSE LEG CURL

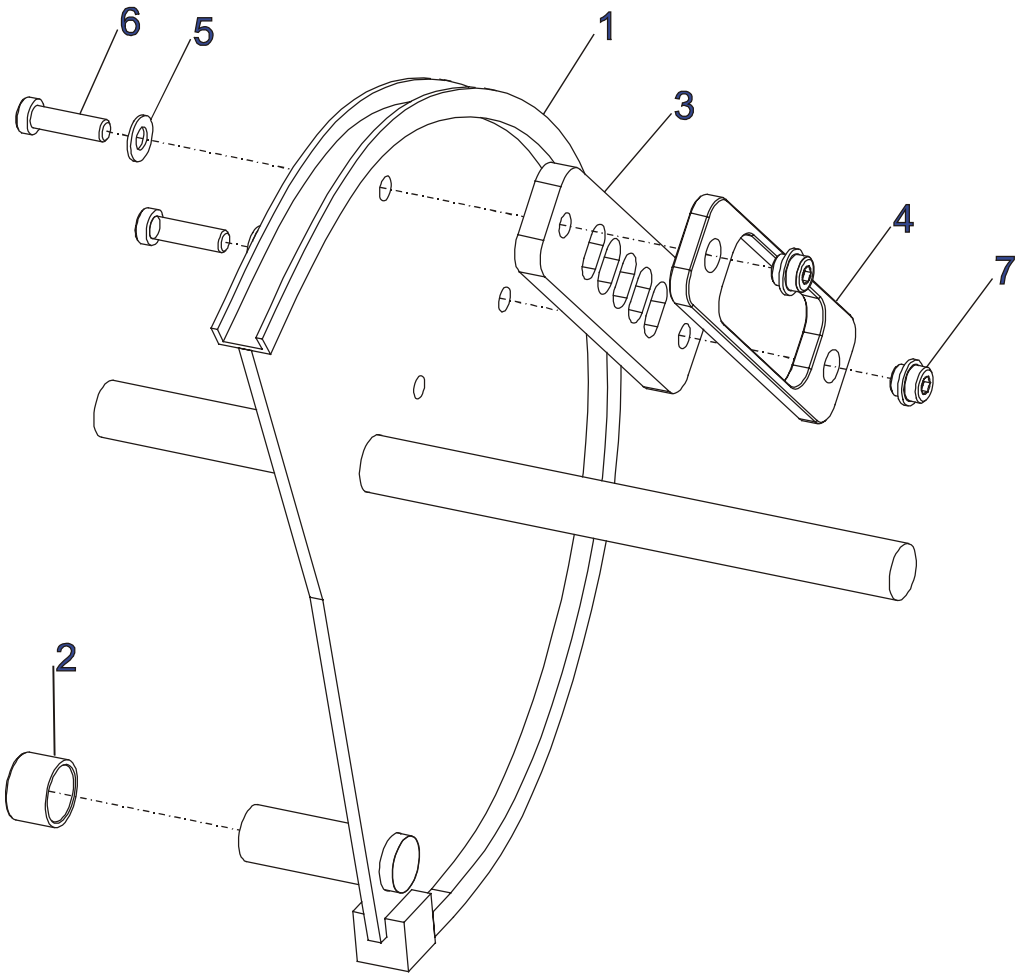
OPTIONAL MA ASSEMBLY



ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	7397201	ASSY, PSLC-OPT CAM
2	1	7397401	ASSY, PSLC-OPT MA
3	1	7375895	WELDMENT, PSLE-OPTIONAL MA KCKR
4	8	3221705	E-RING, 3/8
5	1	7380202	PIN, PS - 4-BAR
6	1	7380195	Link, PS - 4-Bar Assy
7	1	7358201	SHAFT, 1 DIA STAINLESS X 4-7/8
8	3	3242902	SCREW, SET BO
9	1	7308701	CAP, BEARING HOUSING
10	1	7322301	PLATE, 1.97 OD X .44 ID 10GA
11	1	7357901	SHAFT COLLAR, 1-1/2" ID ALUM
12	1	7347301	NUT, SPIDER M10 X 1.5
13	1	3236206	SCREW, M10 X1.5 45MM
14	1	7392801	ASSY, ROLLER PAD - LONG
15	1	7435301	1" ID SHAFT COLLAR BORED .020
16	1	6912806	SLEEVE, ACCRDN 1.0 ID
17	1	7570801	Guard, Paint 1.25"x.75"x.25"
18	1	7380201	PIN, PS - 4-BAR

PSLCSE LEG CURL

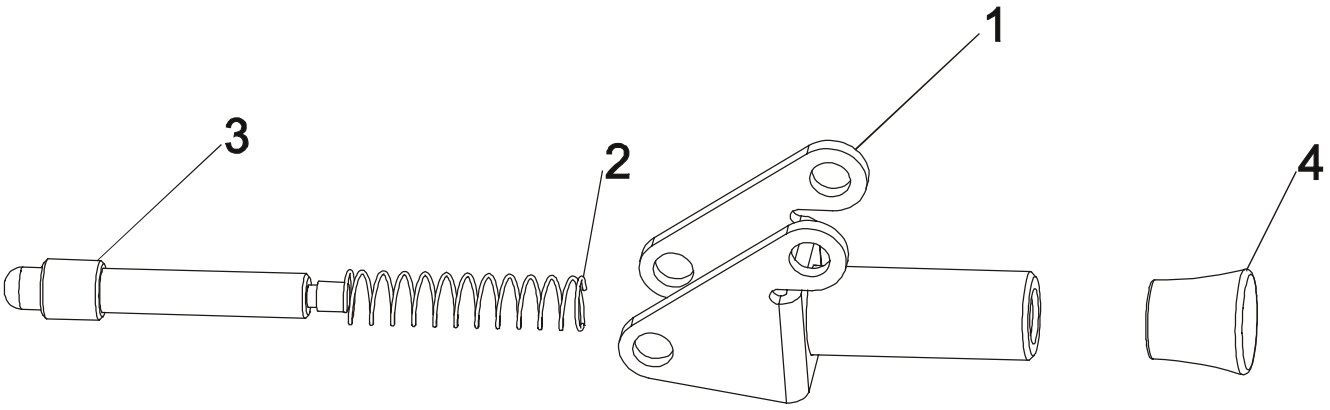
OPTIONAL CAM ASSEMBLY



ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	7397301	WLDMT, PSLC-OPT CAM
2	1	7481201	BRNG, 25M X 30M X 20
3	1	7352501	5-HOLE SELECTOR PLATE
4	1	7350901	PLATE, SLOT STOP
5	2	3236601	WASHER, 3/8 SAE SS
6	2	3236204	SCREW, M10 X1.5 35MM
7	2	7335401	NUT, M10 X 1.5 SOCKET HEAD

PSLCSE LEG CURL

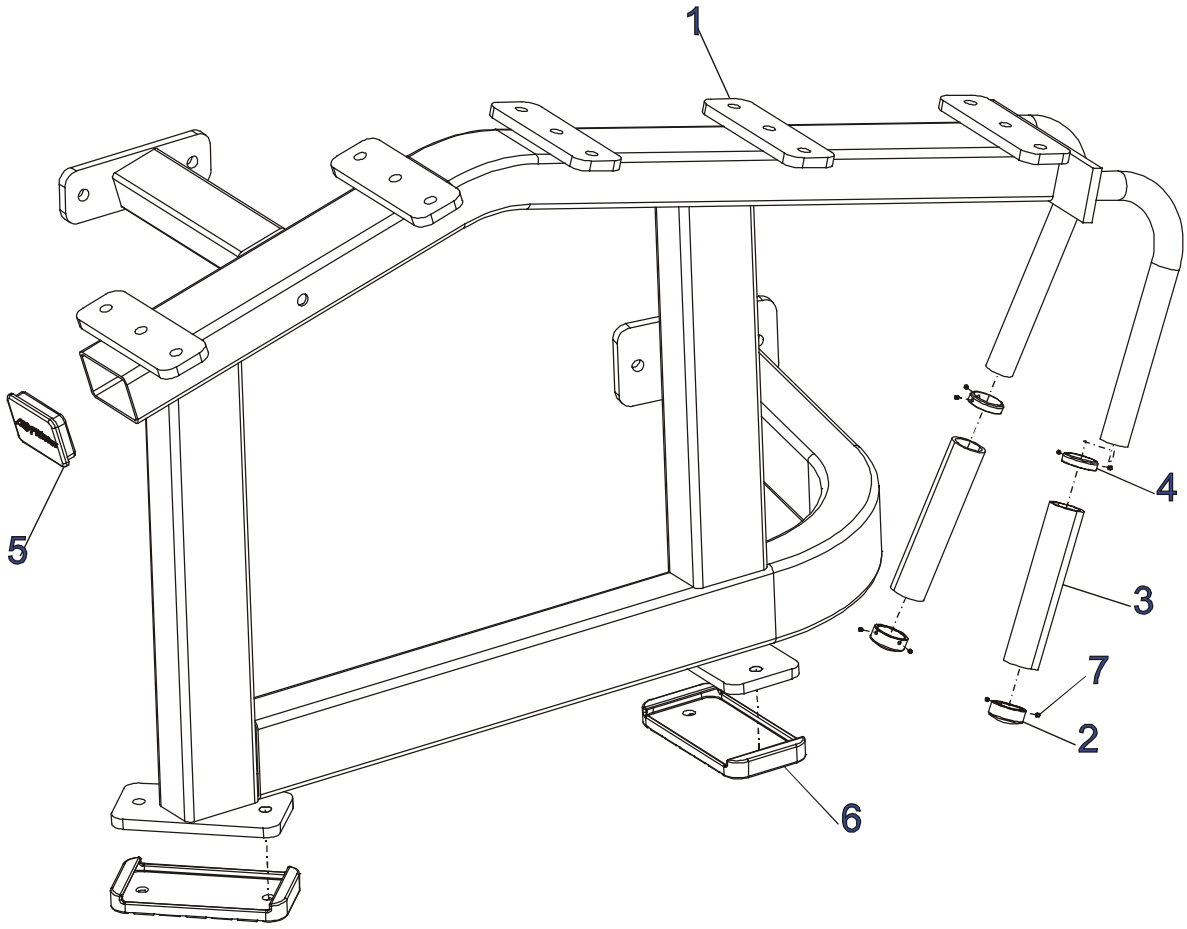
FOUR-BAR SHIFTER



ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	7379995	Weldment, PS - 4-Bar Shifter
2	1	7351501	SPRING; PULL PIN LARGE
3	1	7351301	PIN, PULL
4	1	7351401	KNOB, TULIP STYLE

PSLCSE LEG CURL

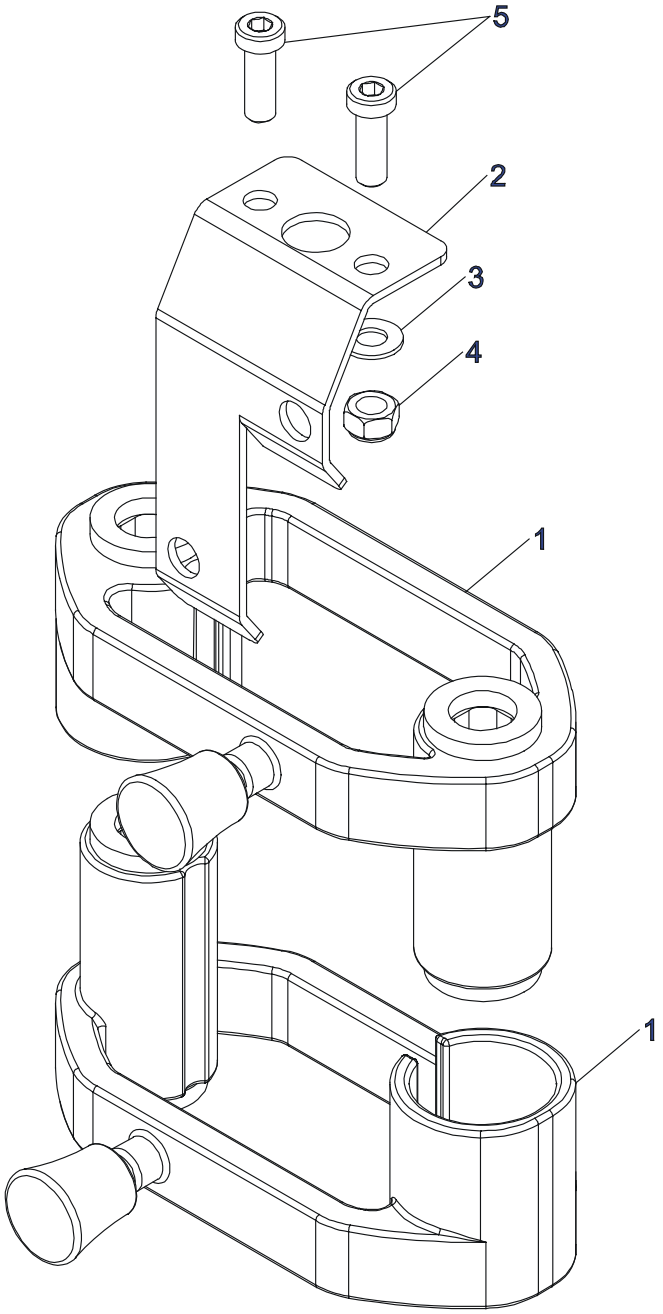
SEAT FRAME ASSEMBLY



ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	7394901	Wldmt, PSLC-ST Frame
2	2	7306901	CAP, GRIP 1.25 OD
3	2	3235801	GRIP, SHADOW GREY OPEN END
4	2	7315601	RING, GRIP 1.25 OD
5	1	7352301	CAP, END 2 X 3
6	2	7388201	Footpad, PS Rubber
7	8	3237201	M3 X .5 HXS NO CUP ST BO

PSLCSE LEG CURL

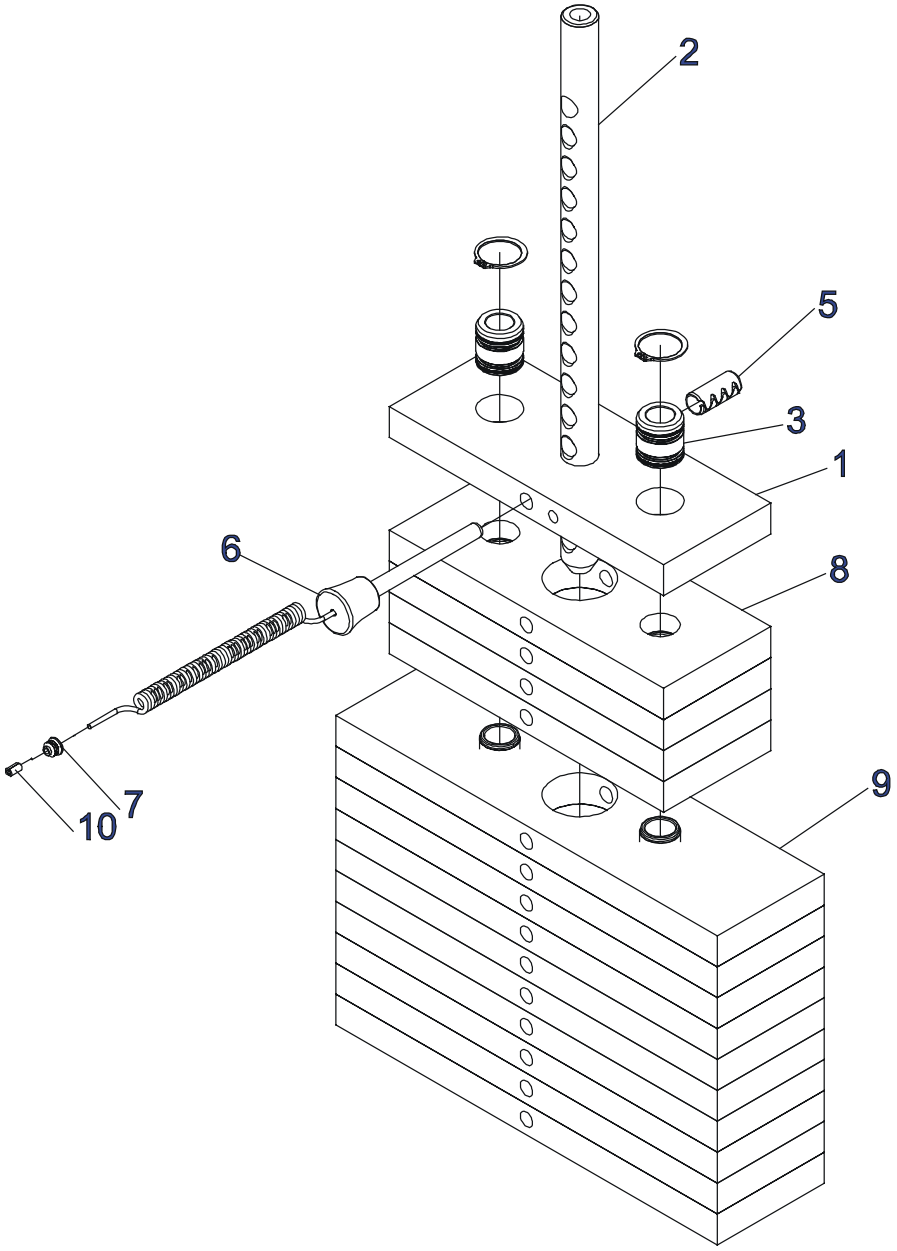
INCREMENT WEIGHT W/STRIKER



ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	2	7446501	ASSY, 5LB INCREMENT WEIGHT
2	1	7447101	PLATE, INCR. WT STRIKER
3	2	3236601	WASHER, 3/8 SAE SS
4	2	3236801	NUT, M10 HEX NYLOCK SS
5	2	3236203	SCREW, M10 X1.5 30MM

PSLCSE LEG CURL

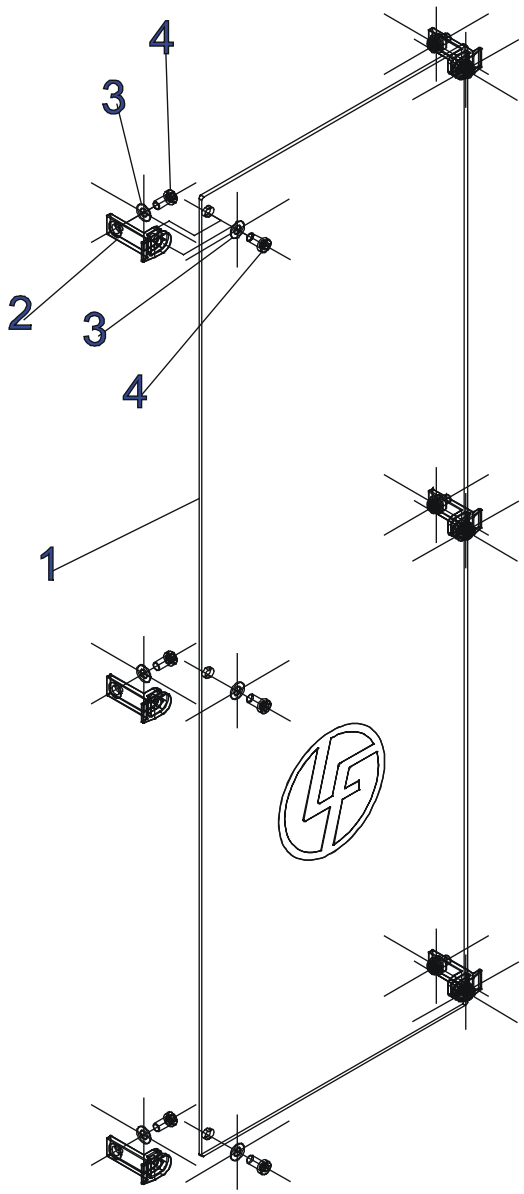
WEIGHT STACK ASSY 200LB



ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	7353901	HEADPLATE, WT. STACK
2	1	7352601	BAYONET, 14 PLATE
3	2	7338001	BUSHING, HEADPLATE
5	1	3236001	BUSHING, SPRING PIN
6	1	7353001	ASSY, SELECTOR PIN
7	1	7356501	PLUG, LANYARD ATTACHMENT
8	4	7353701	ASSY, 10 LB PLATE
9	10	7353801	ASSY, 15 LB PLATE
10	1	7523601	CRIMP, CABLE

PSLCSE LEG CURL

SHROUD KIT STD-SHORT



ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	7376801	SHIELD, PS REAR
2	6	7655301	BRACKET, PS REAR
3	12	3236601	SHIELD
4	12	3236201	SCREW, M10 X1.5 20MM